COBURG NORTH PRIMARY SCHOOL COUNCIL REPORT - 29 JULY 2014.

School Council sat again Tuesday night. Recently our focus has moved towards accommodating the schools rapid growth and incorporating this into the long term school strategy. A Strategic Planning Subcommittee has been formed with Sebastian, Helen & Kyla. Expect to hear more from them shortly when you the parents will be asked to provide valued input into how you would like to see the school develop and ultimately shape your kids futures. Thanks to Benji for putting together the “Share Your Dreams” package that will be heading your way shortly.

The students have already had their say as part of the recent “Design Your School” project, and the councillors were overwhelmed by the quality and quantity of ideas they put into their 2D and 3D artworks. A good deal of time was spent reviewing them Tuesday evening in the hall, and it’s hoped by the time you read this we will have a lucky winner(s). Thanks to teacher Lisa R for coordinating the activity and congratulations to the kids for their great ideas!

The Buildings and Grounds Committee have made progress with completion of signage for the maze, with thanks to Jo & Anabelle for coming up with the artwork and Rowen for printing & fabrication. We will be having a small “opening event” at the Farmers Market on the 23rd of August to acknowledge key people involved in the mazes “inspiration and perspiration”.

Sebastian, Helen and Owen have been busy with the plans for the kitchen refurbishment, which is aiming for work to commence in the final quarter of this year. It will be a three phase program, which will allow for the donations and cash raised from the farmers market to progressively fund this program. When complete the kitchen will be a great resource for everybody involved in the school. For this reason please dig deep and donate well next time you pass the gate at the farmers market and spread the word to friends to help promote our schools best fundraising asset. Remember our food stall sells great breakfasts and pancakes which will also help fund this project.

Whilst on the topic of fund raising, this will be one of the school council’s biggest challenges moving forward, both to achieve the goals of our strategic plan and to put in place the infrastructure required to grow the school. An example is our after school care facility, which is already at capacity from a buildings and facilities perspective. It will require considerable funds to upgrade. For this reason, I request any parents out there with good fundraising ideas to offer these to council as suggestions. There are no bad ideas, however bear in mind the funding requirements are significant. Bang for buck (or in this case parental effort) is key. It’s time for people who are well connected to step forward. This could include people who know local members, large local businesses, or the media, where leverage for exposure and funding is high.
Finally, due to personal circumstances one of our school councillors has had to resign, and hence we now have a vacancy. So if you are keen to get involved with the school and have input into how it operates, please drop by the office and speak to Debb or Helen about nominating.

Blair Hocking
President
Coburg North Primary School Council

**TYRE MAZE OPENING**

On Saturday 23rd August we will hold the official opening of the tyre maze during our Saturday market. A ceremony will take place at 11:00 at the tyre maze. It would be special if we could have our school community here to celebrate this occasion. A lot of work has been put in by a dedicated band of parents who are very excited that this day has arrived.

**ME & MY SHADOW**

This week Dennis Osborne an Assistant Principal has been shadowing me in my Principal role. It is very interesting how you reflect on your role when you have someone else examining and questioning you about what you do. I hope Dennis has gained some knowledge about the Principal role. He will be returning for another week later in the term.

Helen Zull

“I want to take this opportunity to thank everyone at Coburg North for making me feel so welcome. I have thoroughly enjoyed spending time with the staff, students and parents. As an outsider looking in I feel you have a caring and inclusive school community who are making a big difference in the important work they do.” Dennis Osborne

**WEEK 2: PEER LEADERS PROGRAM**

During Peer Support this week the children looked at qualities their friends may have and the concept that we choose friends based on the qualities we admire in them. They also explored the skills of friendship, specifically those of cooperating and listening. During the week encourage your child to show they are interested in the person they are talking to by being an active listener.

**RESPONSIBLE STUDENT AWARDS**

<table>
<thead>
<tr>
<th>STUDENT</th>
<th>GRADE</th>
<th>RIGHT/RESPONSIBILITY</th>
<th>AS DEMONSTRATED BY:</th>
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<tbody>
<tr>
<td>Juliet</td>
<td>1B</td>
<td>Personally responsible - as much work as possible</td>
<td>beautifully counting backwards by 5's from 100</td>
</tr>
<tr>
<td>Sarah</td>
<td>1B</td>
<td>Personally responsible - as much work as possible</td>
<td>Sharing objects into two equal groups.</td>
</tr>
<tr>
<td>Fionn</td>
<td>4/5</td>
<td>Personally responsible - as much work as possible.</td>
<td>Creating an interactive timeline on the history of transport.</td>
</tr>
<tr>
<td>Browen</td>
<td>3/4 B</td>
<td>Personally responsible - as much work as possible</td>
<td>Demonstrating his excellent multiplication skills in class these past 2 weeks.</td>
</tr>
<tr>
<td>Amy</td>
<td>3/4 B</td>
<td>Communally responsible - as much work as possible</td>
<td>keeping her group focussed and on task during our reading rotations.</td>
</tr>
<tr>
<td>Emilio</td>
<td>1A</td>
<td>Personally Responsible - as much work as possible</td>
<td>always doing your classroom job without being asked</td>
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DESIGN YOUR SCHOOL PROJECT
The response to the whole school homework to on designing your ideal school was fantastic. A wide range of models and plans were developed by the students. These have been on display in the hall for the school community to view. The School Council had a very close look at them on Tuesday night. Each councillor chose their favourite design. Those designers chosen will be invited to a special lunch with Mrs Zull next week as their prize. It was a very hard job selecting these designs as they all had a lot to offer. The school council will go carefully through these designs and pick out common elements that the children have included in them.

The lucky designers selected were: Daisy 2B, Eden 2A, Emma 3/4A, Aimee 3/4A, Saxon 5/6A, Jasmine 5/6A, Sophie 5/6A, Leila PB, Ada 1B, Annie 1B, Tilda

OSHP
There is a Curriculum Day scheduled for the Wed 13/8/2014, anyone one requiring care MUST notify Kerryn at the After Care Program. The cut-off date will be Monday 11/8/2014. The cost for the day is $60, lunch and afternoon snacks supplied. Childcare rebates do apply for this day. The program requires a minimum of 10 children to run the program.

Casual Users: As our numbers are increasing, parents are required to notify the program by 9.00am on the day of care required as extra staff may need to be employed to cover our staff/student ratio. Food is purchased daily and only for the numbers booked.

Parents MUST notify the program or the school if their child will not be attending care on a booked day. Your child’s safety is very important and it is up to you to let us know. OSH staff and office staff spend time searching for children only to find out they have gone home or to a friend’s place.
Hooray for Pyjama Day!!

Ever woken up and wished you could stay in your pyjamas all day? Well guess what……..The Junior School Council Representatives have decided that we all need to relax and unwind. What better way to do this than by wearing our pyjamas to school!

The Junior School Council has declared Friday August 15th as pyjama day. All staff and students are invited to wear their pyjamas to school on this day as a means of relaxing our minds and bodies (and not to mention seeing our teachers in their PJ’s!). No donations are required for this day, it’s simply for fun.

Be brave and wear your fluffiest, cutest, softest or warmest pair of PJ’s to school and why not top it all off with a nice, warm dressing gown. There may even be some certificates handed out at assembly for the best ‘dressed’.

Please note that all students must wear normal school shoes and/or runners, NOT slippers- due to safety reasons. Grade 4 students will also need to be mindful of Bike Education and to bring your normal uniform to change into.

Thanks everyone for your support. We look forward to seeing everyone in their pyjamas 😊

Junior School Council Representatives
Sarah and Courtney

PREMIERS’ READING CHALLENGE UPDATE

Congratulations to all of the CNPS students who have already completed the Challenge. Well done! Please keep on reading and adding books to your reading list to see how many you can finish.

Reminder notices have been sent home this week to the students who haven’t quite finished the Challenge yet. Entries to the reading lists must be finalised by Friday 5th September.

Books are now being verified, grade reading lists have been added for the junior school, and I have really enjoyed seeing the star ratings that students have been allocating to some of the books they have read.

Read on!

Beth (in the Library)
Italiano a CNPS

Ciao a tutti,

At the end of last semester we had an Italian poster competition. There were some very colourful and creative posters. Grazie. Here are photos of the winning entries.

A presto,
signora Jackie

Leila - Prep

Juliet - Grade 1/2

Reina – Grade 3/4

Nikoletta - Grade 5/6
<table>
<thead>
<tr>
<th>AUGUST</th>
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<tbody>
<tr>
<td>1</td>
<td>Parents &amp; Friends Social Night</td>
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<tr>
<td>13</td>
<td>Curriculum Day</td>
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<tr>
<td>23</td>
<td>TYRE MAZE OPENING – 11 AM</td>
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<td>27</td>
<td>Author Visit (Kym Lardner) Whole School Incursion</td>
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<td>28</td>
<td>Grade 1 Dinner</td>
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<td>31</td>
<td>Working Bee</td>
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<td>SEPTEMBER</td>
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<td>2</td>
<td>School Council Meeting 6.30 Staffroom</td>
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<td>5</td>
<td>Coburg District Athletics</td>
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<tr>
<td>11</td>
<td>SCHOOL CONCERT</td>
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<tr>
<td>18</td>
<td>WORLD OF MATHS INCURSION (Whole School)</td>
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<tr>
<td>19</td>
<td>Last day of Term 3 FOOTY PARADE DAY</td>
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<td>OCTOBER</td>
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<tr>
<td>10</td>
<td>Curriculum Day</td>
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<tr>
<td>21</td>
<td>School Council Meeting 6.30 Staffroom</td>
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<td>NOVEMBER</td>
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<td>3</td>
<td>Report Writing Day</td>
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<td>7</td>
<td>Prep Transition Program – Week 1</td>
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<tr>
<td>14</td>
<td>Prep Transition Program – Week 2</td>
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<td>17-20</td>
<td>Swimming Program</td>
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<tr>
<td>21</td>
<td>Prep Transition Program – Week 3</td>
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<tr>
<td>24-27</td>
<td>Swimming Program</td>
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<tr>
<td>28</td>
<td>Prep Transition Program – Week 4</td>
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<tr>
<td>17-27</td>
<td>Swimming Program</td>
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<tr>
<td>DECEMBER</td>
<td></td>
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<tr>
<td>9</td>
<td>School Council Dinner</td>
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<tr>
<td>19</td>
<td>Last Day School Year</td>
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INSPIRING RESULTS REVEAL KIDS SELF-ESTEEM BREAKTHROUGHS

What happens when our children are given the opportunity to practise executing their own ideas?

The results are in and it is clear this process impacts the children involved immediately! After interviewing several kids who have completed one or two of THE DESIGN PROJECT’s program the results are a testament for this mission.

Kids who were originally hesitant to share their ideas and lacking confidence began to have break throughs in knowing that their ideas genuinely matter. They discovered that how they see is unique - and is not measured by the “right or wrong” answer. They also found happiness and joy in their individualism - which in turn builds self-esteem. The ideas began to flow and didn't stop.

The kids communicated refinement in their ideas - eager to express more of their ideas in another new project. These kids began to see momentum!

This is about freedom of expression and creative thinking. This process makes a difference in character building – how they interact with others, and value themselves.

What would they achieve if we allowed them to practice this approach over and over until they were young adults? How would that impact their lives? What kind of adult would they become?

It's our jobs as parents to help them learn how to express their wonderful uniqueness within them. Set up your own DESIGN PROJECT at home at minimum. Help them learn their own value. Be a witness in developing their greatness. Your heart will melt and they will be greatly impacted by it.

Lumi Opus Mini Makers are starting a new session of creative thinking. "THE DESIGN PROJECT - Executing Ideas" Program starts August 9th. This term they are designing "Soft Toys".

To participate or learn more about "THE DESIGN PROJECT" hosted by Lumi Opus visit: http://LumiOpus.com/mini-makers

Only 1 week before we start. Enrol now to claim one of the 6 spots for this term in Toy Design.

3 Saturdays / 3 hour sessions: 9 & 23 Aug + 13 Sep
BULLA HILL RAILWAY – FREE TICKETS

Bulla Hill Railway is set in the Recreation Reserve at Green Street, Bulla. The Recreation reserve is located about 8 km past Tullamarine Airport, and 11 km from Sunbury. Melways Map reference 177 B7

You can ride behind steam or diesel locomotives around a scenic 1.5km track. The ride takes approximately 10 minutes and during the ride, you will pass over bridges, through cuttings with the scenic views of Mt Macedon in the background. During the trip, you might even see a dinosaur or two!

The large gauge track is approximately 1.5 kilometres metres long, with our smaller track closer to 700. There is an enclosed private picnic area complete with coin operated barbecue as well as toilet facilities and a kiosk at the station. There is a great children’s playground located right outside the gates in the public parkland area.

In the interests of safety, enclosed footwear must be worn if you wish to ride on the trains. Sneakers, lace up shoes or boots are ideal. Bare feet or thongs are not allowed.

Entry is free and train rides cost just $3.00 per person. There are 15 complimentary tickets available at the office (limit 1 per family).
More suitable for Grade Prep – 2 First in best dressed!

www.bullahillrailway.org.au

MORELAND SCHOOL HOLIDAY PROGRAM

The Moreland School Holiday program information and enrolment forms will be available for the September/October 2014 School Holiday Program from Friday 8 August 2014, 5pm, bookings will close on Friday 22 August 2014.

Forms are available from:

- Local Primary Schools in the municipality;
- Council’s website and;
- Citizens Services Centres – Monday to Friday between 8.30 am to 5.00 pm.
- Coburg Offices, 90 Bell Street, Coburg
- Brunswick Offices, 233 Sydney Road, and
- Glenroy, 796N Pascoe Vale Road, Glenroy
- If you have difficulty accessing the information and enrolment forms or general queries, please contact Council on Ph: 9240 1111.
Tips for staying active this winter!

Exercise Induced Asthma (EIA) is a common trigger for asthma. However, it does not need to be a barrier to Students participating in sports and physical activities.

Here are some tips to help prevent EIA in students:

**Before Exercise** take reliever medication 5-20 minutes **before** warming up.

**Warm Up** before exercise as normal.

**During Exercise** watch for asthma symptoms and administer reliever medication if they should occur. Only return to exercise if symptoms are relieved. If symptoms appear again, administer medication again, until they are relieved. It is not recommended that the Student should return to the sporting activity after a second occurrence of asthma symptoms.

**After Exercise** cool down as usual. Note that asthma symptoms can present up to a half an hour after exercise has stopped. Ensure reliever medication is still easily accessible should it be required.

**Other things to remember:**

- Ensure all students have current Asthma Action/Care Plans
- If possible make activities that are scheduled for the night indoors as the drop in air temperature makes air colder to inhale and acts as a greater trigger.
- Encourage students with asthma to participate fully!
More than just the Baby Blues

If you answered yes to most of these points then you may be experiencing post natal distress.

This is a group for women who are experiencing, or having symptoms of post natal depression. It is an opportunity for women to tell their stories, in a safe and supportive and confidential environment.

Come to our group and share with other women your experiences, challenges, difficulties and joys of parenthood.

This group will discuss topics such as:
- Self esteem
- What is PND
- Assertiveness
- Coping with expectations of parenting
- Partners thoughts

If you wish to attend this group or would like more information contact Irene on (03) 9306 9287

Venue: 21 Victoria Street, Coburg 3058
Time: 10.00am to 12.00pm
Dates: Commencing Tuesday, 19 August 2014 for 8 weeks